

CYBERSECURITY AWARENESS TIPS

October is Cybersecurity Awareness Month and there are some general security practices that you can participate in to keep your data and information safe. Below are some basic tips and best practices:

Use Strong Passwords

Use strong and unique passwords for each of your online accounts. A password manager can help you create and store them securely.



Multi-factor Authentication

Enable multi-factor authentication (MFA) whenever possible. MFA adds an extra layer of verification to your login process, such as a code sent to your phone or email.



Look Out for Phishing

Be wary of phishing emails and messages that try to trick you into clicking on malicious links or attachments, or providing personal or financial information. Always verify the sender and the URL before taking any action, and report the email and sender to IT if you suspect it is a phishing scam.



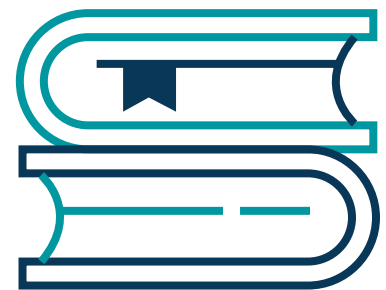
Update Software

Keep your devices and software updated with the latest security patches. This can help prevent hackers from exploiting known vulnerabilities in your system.



Keep Learning

Educate yourself and your family about the common cyber threats and how to avoid them. You can find more information and resources on the official website of Cyber Security Awareness Month: <https://staysafeonline.org/cybersecurity-awareness-month/>



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